



# Are you looking for Manual Handling training?

**We offer the Nationally Accredited Certificate HLTHSE204C  
or  
Statement of Attainment**

The Follow Safe Manual Handling (HLTHSE204C) course will provide knowledge and skills to safely undertake tasks and reduce the risk of injury to yourself. This course will ensure that you can safely perform a range of Manual Handling operations such as people transfers within the health care environment.

*HLTHSE204C is based on the National Guidelines for Integrating Occupational Health and Safety Competencies into National Industry Competency Standards, National Code of Practice for Manual Handling 1990, An Employer's Guide to the Manual Tasks Advisory Standard 2000, National Standard for Manual Handling (1990), Occupational Health and Safety (Manual Handling) Regulations 1988, Workcover publications.*

The Statement of Attainment will cover areas such as; The adoption of safe working and leisure practices, safe manual handling of objects, bed transfers, sit to stand transfers, use of lifters, weight transference, risk assessment and managing co-workers during manual handling.

Training is delivered in modern facilities using up to date equipment.

## **HLTHSE204C**

Workbook will be issued and needs to be completed prior to the practical

**Cost \$150**

at

ATEC, Commonwealth House,  
Ramsay Walk, Noarlunga

and

ATEC, 12 Todd Street, Port Adelaide

## **Practical only**

**Cost \$85**

at

ATEC, Commonwealth House,  
Ramsay Walk, Noarlunga

and

ATEC, 12 Todd Street, Port Adelaide

ATEC Community Services Training is a South Australian Not for Profit Organisation, which means we can offer high quality training with prices below our competitors.

**For further information please contact:**

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**Tel: 1300 112 832**